

The determinants of board size and composition: Evidence from the UK[☆]

Paul M. Guest^{*}

Cranfield School of Management, Cranfield University, Cranfield, UK

Received 5 April 2007; received in revised form 12 January 2008; accepted 19 January 2008

Available online 9 February 2008

Abstract

This paper examines the trends and determinants of board structure for a large sample of UK firms from 1981 to 2002. We extend the predominantly US based literature in a number of important ways. Firstly, a comparative analysis of the UK and US legal and institutional settings leads us to hypothesize that UK boards will play a weaker monitoring role and hence board structures will not be determined by monitoring related factors. Our evidence supports this conjecture, showing that board structure determinants differ in predictable ways across different institutional settings. Secondly, in contrast to recent US mandatory reforms, UK reforms have been voluntary. As such they provide an interesting comparison, being arguably more effective than a mandatory approach by allowing firms to choose board structures most appropriate for their own needs. Our results support this point of view. Although the UK reforms do have a significant impact on board structures, a large number of firms choose not to comply, and those that do appear to do so for strong economic reasons. The reforms also appear to reduce the ability of well performing CEOs to influence board structures.

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JEL classification: G32; G34

Keywords: Board size; Board composition; UK; US; Corporate governance; Cadbury; Hampel

1. Introduction

Boards of directors play a central and fundamentally important role in the corporate governance of publicly listed companies, and therefore understanding the determinants of board structure is an important research question. Recently, our understanding has increased following theoretical (e.g., Raheja, 2005; Harris and Raviv, 2006; Adams and Ferreira, 2007) and empirical work (e.g., Lehn et al., 2003; Boone et al., 2007; Linck et al., 2007, 2008; Coles et al., 2008). The latter (reviewed in Section 2 below) has examined board structure in terms of long term trends, firm specific determinants, and regulatory impacts.

[☆] I am very grateful to Jeffry Netter (editor), Stefan Petry, and an anonymous referee for valuable comments and suggestions.

^{*} Tel.: +44 1234 751122.

E-mail address: paul.guest@cranfield.ac.uk.

Despite these recent advances, theoretical papers have mostly been grounded in a US setting (for an exception, see [Adams and Ferreira, 2007](#)) and empirical studies have focused mainly on US firms. The few non-US empirical studies employ either relatively small or cross-sectional samples. We consequently have little knowledge of how trends and determinants of board structure differ in countries with different legal, institutional and regulatory systems. However, board functions and their effectiveness may differ according to these characteristics, and so consequently may the trends and determinants of board structure. Examination of other countries is therefore useful in developing a broader view of what determines board structure. This paper contributes to the US based literature by examining the trends and determinants of board structure for a large sample of UK firms over a long time period (1981–2002).

The UK provides a particularly interesting setting for this purpose. The US and UK governance systems share many similarities, such as a common law system and high protection of minority rights ([La Porta et al., 1998](#)), and the international comparative governance literature has tended to combine their features into a single ‘Anglo-American’ market-based system. However, there are also important differences, including the enforcement of directors’ legal duties, board structure, the role of institutional investors, and the nature of corporate governance reforms, which lead us to hypothesize that UK boards will play a much weaker monitoring role. Hence board structure will not be determined by the costs or benefits of monitoring, and therefore board structure determinants will differ in a predictable way from US firms. Our evidence supports this prediction. Although we find, consistent with US studies, that board size and the proportion of outsiders is positively impacted by greater advising needs, and negatively impacted by CEO influence, we find no evidence that the proportion of outsiders is negatively related to monitoring costs or positively related to monitoring benefits.

The UK trends in board structure over the sample period provide an interesting comparison with US trends, allowing us to distinguish between country specific and more general trends, and thus contribute to the convergence debate regarding whether corporate governance models (even within the Anglo-American model) are converging (e.g., [Gilson, 2001](#)). We find a steady increase in the number and proportion of outsiders over the sample period, and evidence of a decline in the number of insiders and overall board size since the late 1980s. Overall, this is broadly consistent with US trends, and suggests that similar forces are at work in both countries.

Although carried out for similar reasons, UK and US corporate governance regulations differ markedly. In contrast to the 2002 Sarbanes–Oxley Act (SOA) which is mandatory, UK reforms have been voluntary and operate on a comply-or-explain basis. Such ‘soft’ regulation is arguably more effective than a mandated ‘one size fits all’ approach, allowing firms to choose the board structure most appropriate for their own needs without weakening underlying economic determinants. Recent calls in the US have argued for a scaling back of SOA towards a less mandated approach ([Romano, 2005](#)). Hence, examination of UK reform permits an interesting comparison with the impact of SOA. We examine the impact of the key board structure reforms over the sample period, the [Cadbury Report \(1992\)](#) (which recommended that boards include at least three outside directors) and the [Hampel Report \(1998\)](#) (which recommended that boards include at least one third outside directors).¹ The Cadbury Report is associated with an increase in the number and proportion of outsiders, whilst the Hampel Report has no significant impact on either. The flexibility offered by such regulation appears to be valued by companies, since a large number of firms do not comply, and many more comply irregularly. Furthermore, compliance is associated with the normal determinants of board structure. The reforms do not fundamentally change the underlying determinants of board structure, except for the negative relation between firm performance and outsider proportion which subsequently no longer holds, possibly reflecting a reduced ability of well performing CEOs to influence board structures.

The paper proceeds as follows: Section 2 reviews the US empirical literature on determinants and trends in board structure. Section 3 compares the functions of boards of directors in the UK and US. Section 4 describes the data. Section 5 presents long run board structure trends. Sections 6 and 7 present the empirical results on the determinants of board structure and the impact of the corporate governance reforms, respectively. Section 8 concludes.

2. The determinants of board structure: the US evidence

The main findings of the extant US empirical literature on board structure determinants are reported in [Table 1](#) below. The explanatory variables are related to explanations based on either efficiency or power. To consider efficiency

¹ The [Higgs Report \(2003\)](#), which lies beyond our sample period, subsequently recommended that boards should comprise at least one half outside directors.

Table 1
Summary of studies on the determinants of board size and composition

Study	Year	Time period	Country	No. of unique firms	Explanatory variables, theory, and expected impact										
					Size	Age	Debt	Diversification	Tobin's Q	R&D	Share return volatility	Free cash flow	Industry concentration	ROA	CEO holding
					Scale	Complex	Complex	Complex	Monitor costs	Monitor costs	Monitor costs	Private benefits	Private benefits	CEO influence	CEO influence
					+	+	+	+	–	–	–	+	+	–	–
Panel A: determinants of board size															
Mak and Li	2001	95	Singapore	147	+	+		+						– (3)	
Hillier and McColgan	2006	92	UK	682	+*	+	+	+	+		–*			+ (3)	
Lasfer	2006	96–97	UK	1583	+*		+*		–*				–	–* (3)	
Denis and Sarin	1999	83–92	US	583	+*	+*	+*	+	–* (1)		–			– (3)	
Baker and Gompers	2003	78–87	US	1116	+*	+				–	–		–		
Lehn et al.	2003	35–00	US	85	+*				–*						
Boone et al.	2007	88–02	US	1019	+*	–*		+*	–*	–*	–	–*	+	–*	
Coles et al.	2008	92–01	US	Not given	+*	+*	+*	+*		–	–*	–*		–*	
Linck et al.	2008	90–04	US	6931	+*	+*	+*	+*	–*	–	–*	+*		–*	
Panel B: determinants of %outsiders															
Arthur	2001	1989	Australia	135	+		–	–*	+			–*		–*	
Prevost et al.	2002	91–97	New Zealand	105			+	–	+*					– (3)	
Mak and Li	2001	95	Singapore	147										–* (3)	
Young	2000	91	UK	470	–*		–	+	+				–	–* (3)	
Peasnell et al.	2003	91/95	UK	428	–		+	+					+	–* (3)	
Hillier and McColgan	2006	92	UK	682	–	+	–	+*	–		+			–* (3)	
Lasfer	2006	96–97	UK	1583	+*		+		–				–*	–* (3)	
Bathala and Rao	1995	84–86	US	261	–		–*				–* (2)			–* (3)	
Denis and Sarin	1999	83–92	US	583	+*	–	+*	+	–* (1)		+			–* (3)	
Baker and Gompers	2003	78–87	US	1116	+*	+				+	+		–		
Lehn et al.	2003	35–00	US	85	+*				–*						
Berry et al.	2006	79–86	US	109	–*		–			–*	+		+*	–*	
Boone et al.	2007	88–02	US	1019	+	+*		+*	–	+	–*	–	–	–*	
Coles et al.	2008	92–01	US	Not given	+*	+*	+*	+*		–*	–*	+	–	–*	
Linck et al.	2008	90–04	US	6931	+*	+*	+*	+*	–*	+*	–		–	–*	

This table reports the main findings of previous studies that examine the determinants of board size and composition. * Denotes statistical significance at the 10% level or better. (1) Industry Tobin's Q not firm Tobin's Q. (2) Variance in earnings not variance in share returns. (3) Board not CEO ownership.

explanations, studies consider the two main functions of the board, advising and monitoring (Raheja, 2005; Adams and Ferreira, 2007), and which firm specific characteristics will result in these functions creating value.

The board's advisory role is to provide the CEO with advice and access to information and resources, and is more efficiently carried out by outside directors who can provide important connections and expertise (Fama and Jensen, 1983). A larger board and proportion of outsiders can provide greater information and hence both should increase as the requirement for advice increases. This should occur as firm scale and complexity increases (Lehn et al., 2003). Most empirical studies find that board size and outsider proportion are positively related to firm size and complexity, the latter measured by age, leverage, or industrial diversification.

The monitoring role involves ensuring that senior management pursues shareholder interests. Outsider directors are more likely to be independent and objective in this task than insider directors, since they wish to signal their competence to other potential employers and frequently already have monitoring experience (Fama and Jensen, 1983). In contrast, insiders' are less independent because their careers within the firm are dependent on the CEO (Zajac and Westphal, 1994). Monitoring is more efficient with a larger board and proportion of outsiders because of greater shared information (Lehn et al., 2003), although there are eventually coordination and free rider problems with larger boards (Jensen, 1993; Yermack, 1996). It is argued that as the benefits (costs) of monitoring increase, boards will do more (less) monitoring leading to more (less) outsiders and larger (smaller) boards (Raheja, 2005). Monitoring benefits are high when management can benefit at shareholders expense and monitoring costs are high when outside directors face high information asymmetry. Table 1 shows that evidence is mixed on whether board size and outsider proportion are positively related to proxies (cash flow and industry concentration) for monitoring benefits. Proxies employed for monitoring costs (stock volatility and firm growth (proxied by high Tobin's Q and R&D)) all have a negative impact on board size, although only Tobin's Q has a consistently negative impact on outsider proportion.

An alternative theory of board structure is that it is determined by CEO power, whereby more powerful CEOs bargain with outside directors for a smaller board with fewer outsiders (Hermalin and Weisbach, 1998). The evidence in Table 1 supports this theory, since the proxies for CEO influence, past profitability and CEO ownership, both have a negative impact on board size and the proportion of outsiders.

Recent US empirical studies document notable long term trends in board structure. 1985–2000 witnessed a decline in board size for large firms and an increase in outsider proportion for large and median firms (Lehn et al., 2003; Linck et al., 2008). However, from 2000 onwards, the period preceding and following SOA, board size and outsider proportion increase for all firm sizes (Linck et al., 2007, 2008). Linck et al. (2008) find that the link between CEO ownership and both board size and outsider proportion is no longer negative following SOA, implying that CEO influence on board structure is diminished by SOA.²

3. Will the same factors determine US and UK board structures? A comparison of board functions and their effectiveness in the US and UK

The prescribed function of boards and outside directors in the UK is very similar to that in the US. UK boards are of a unitary structure, and, "the responsibilities of the board include setting the company's strategic aims, providing the leadership to put them into effect, supervising the management of the business and reporting to shareholders on their stewardship." (Cadbury, 1992, p. 14). The role of outside directors is to "support executives in their leadership of the business and to monitor and supervise their conduct" (Higgs, 2003, p. 28). Specific areas for monitoring include integrity of financial information, risk management, executive remuneration, and the appointment and removal of executive directors (Financial Reporting Council, 2006).

However, despite these similarities, there are several reasons why the monitoring function will be carried out less effectively in the UK. Firstly, whilst under UK company law, directors have a duty of care and of loyalty (Financial Reporting Council, 2006) as they do in the US, legal procedural differences mean that whilst law suits against outside directors are frequent in the US, they are very rare in the UK (Franks et al., 2001; Black et al., 2005).³ Since UK outside directors are rarely held legally accountable for failing to fulfill their duties, they regard their role as being primarily that of advising rather than monitoring (e.g., Franks et al., 2001; Ozkan, 2007). Secondly, UK boards have historically

² It is not clear however that this represents more efficient boards since CEO influence could be a reward for superior ability and lead to a value maximising outcome (Hermalin and Weisbach, 1988).

³ Although the out-of-pocket liability of US outside directors is low, law suits still impose considerable costs (Black et al., 2005).

consisted of a lower proportion of outside directors who are less independent from management (e.g., Cosh and Hughes, 1987). Although the Cadbury (1992) and Hampel (1998) Reports encouraged an increase in the number of outside independent directors, it is still relatively low and outside director independence is still weak due to an overly informal appointment process (Higgs, 2003). Further, the UK corporate governance culture could arguably be perceived as having a lower predisposition to monitoring, illustrated by substantial resistance to the reforms and the Hampel Committee's claim that past governance debates had 'overemphasized' monitoring (Davies, 2001). Thirdly, the financial incentives for outside directors to fulfill their functions effectively are relatively lower in the UK. Outside directors own a relatively low number of shares (Cosh and Hughes, 1987) and outside directors' pay is also relatively low with insufficient pay being cited as a barrier to non-executive effectiveness (Higgs, 2003).⁴ One board characteristic which may offset to some extent the weaker monitoring of UK boards is the division of the CEO and Chairman roles. Although the roles were historically combined (as in the US) (Cosh and Hughes, 1997), the Cadbury Report (1992) recommended their division and this now occurs in 90% of UK firms in contrast to only 19% of US firms (Higgs, 2003). Other board characteristics such as board size and outsider director personal characteristics (age, years with company, number of other directorships) are similar between the US and UK (Cosh and Hughes, 1987).

The monitoring role played by outside directors will depend on the relative strength of other substitute governance mechanisms (Agrawal and Knoeber, 1996). Firstly, although both countries have active markets for corporate control with a relatively high proportion of hostile takeovers, UK companies have many less takeover defences available to them and consequently this mechanism should perform a relatively stronger function in the UK (Short and Keasey, 1999). Secondly, whilst dispersed share ownership is the norm in both countries, ownership concentration is higher in the UK (Short and Keasey, 1999) and is predominated by pension funds and insurance companies, who arguably exhibit a longer time-frame in their investment strategies than mutual funds which predominate in the US. British institutional investors have been encouraged to monitor by both the Cadbury (1992) and Myners (2001) Reports, and appear to do so by acting collectively (Crespi-Cladera and Renneboog, 2003) and exerting a 'quiet diplomacy' on issues such as strategy, succession, and executive remuneration (Black and Coffee, 1994; Holland, 1998). In contrast, such behaviour is discouraged by US securities laws, and US investors do not tend to communicate directly with the CEO. The stronger monitoring by these other mechanisms in the UK will likely result in lower monitoring by outside directors.⁵

In summary, UK boards are expected to play a weaker monitoring role than US boards. This view is supported by UK evidence on the impact of outside directors, with no positive impact on either general firm performance (see e.g., Vafeas and Theodorou, 1998) or specific monitoring tasks (Cosh and Hughes, 1997; Franks et al., 2001).⁶ In contrast, the US empirical literature (reviewed by Hermalin and Weisbach, 2003) shows outsider proportion to have a positive impact on specific tasks (although no effect on overall performance). Consequently, in contrast to US findings, we do not expect board structure to be linked to the costs and benefits of monitoring. However, we do expect variables associated with advisory needs and CEO influence to have similar impacts to those for US studies. The small number of existing UK studies, the key findings of which are reported in Table 1, provide support for this argument.

4. Data

4.1. Sample

The data source for our sample of UK publicly quoted firms is Datastream, from which all variables are derived. Datastream reports the total number of directors and the number of non-executive directors. In the UK, non-executive directors are part-time directors, whilst executive directors are employed full time and are involved in the day to day running of the company in addition to their director's duties. Henceforth, we refer to non-executive directors as outside directors, and to executive directors as inside directors. We focus on two board measures; the total number of directors (Board size), and the proportion of outsiders (%Outsiders). The latter is estimated by the number of outside directors

⁴ Regarding insiders, US CEOs are paid more and have a slightly higher proportion of shares than UK CEOs (Conyon and Murphy, 2000). For the board as a whole, Short and Keasey (1999) report a UK mean board ownership of 12% which is lower than the 21% owned by officers and outside directors reported for the US by Linck et al. (2008).

⁵ This is illustrated by the events following the Carlton–Granada merger, where institutions removed CEO Michael Green and criticized the inaction of outside directors, threatening them with removal (Kirkbride and Letza, 2005).

⁶ However, increasing outside directors post-Cadbury did result in more effective CEO turnover (Dahya et al., 2002), CEO appointments (Dahya and McConnell, 2005), and firm performance (Dahya and McConnell, 2007).

Table 2
Sample description

Year	Datastream total firms	Board size sample			%Outsiders sample		
		Board size available	Board size coverage (3)/(2)	Board size and other variables available	%Outsiders available	%Outsiders coverage (6)/(2)	%Outsiders and other variables available
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1981	1383	1163	0.84	1021	182	0.13	169
1982	1396	1233	0.88	1052	247	0.18	223
1983	1416	1312	0.93	1107	388	0.27	355
1984	1440	1429	0.99	1200	478	0.33	422
1985	1438	1424	0.99	1189	536	0.37	470
1986	1440	1427	0.99	1176	670	0.47	564
1987	1464	1457	1.00	1175	965	0.66	788
1988	1496	1484	0.99	1204	1113	0.74	927
1989	1473	1468	1.00	1206	1068	0.73	891
1990	1438	1432	1.00	1194	1112	0.77	938
1991	1388	1383	1.00	1187	1156	0.83	1006
1992	1369	1367	1.00	1161	1171	0.86	1007
1993	1378	1374	1.00	1160	1247	0.90	1066
1994	1453	1446	1.00	1173	1384	0.95	1128
1995	1501	1500	1.00	1210	1467	0.98	1189
1996	1602	1594	1.00	1235	1564	0.98	1222
1997	1661	1650	0.99	1265	1624	0.98	1256
1998	1588	1583	1.00	1279	1556	0.98	1263
1999	1473	1469	1.00	1185	1446	0.98	1174
2000	1449	1433	0.99	1099	1401	0.97	1083
2001	1479	1446	0.98	1123	1412	0.95	1109
2002	1321	1301	0.98	1067	1275	0.97	1057
No. of firm years	32,046	31,375	0.98	25,668	23,462	0.91	19,307
No. of unique firms	3227	3227	1.00	2746	2960	0.92	2515

This table reports the firm year observations for the samples used in the analysis on a year by year basis. Column (2) reports the number of firm year observations for all UK firms in the Datastream database with any financial information available. Column (3) reports the number of firm year observations for these firms with board size data available. Board size is the total number of directors on the board. Column (4) is Column (3) divided by Column (2). Column (5) reports the firm year observations for firms with both board size data available and all the financial variables described in Table 3 below. Firms classified as financial or real estate (Datastream Level 4 Industry groupings 80–89 inclusive) are excluded from this column. Columns (6)–(8) are identical to Columns (3)–(5) except they report data availability on %Outsiders rather than board size. %Outsiders is the number of outside directors divided by Board size.

divided by the total number of directors. There is no electronic data source to classify UK directors more finely in terms of independence, or other board structure variables such as whether the CEO is also chairman.

Firm reporting on board size and composition is very low until the late 1970s. Coverage then increases over time, but significantly more slowly for the number of outside directors (and hence %Outsiders) than board size. Board size observations are available for less than 10% of Datastream firms in 1978 and 1979, roughly 50% in 1980, and 84% in 1981. In contrast, observations on the number of outside directors (and hence %Outsiders) increases only gradually from 7% in 1980 to 86% in 1992.⁷ We base our empirical analysis on 1981 onwards since this year marks the start of high Datastream coverage on board size. Table 2 above reports the number of Datastream firms along with the availability of board size and the number of outside directors, from 1981 onwards. Over the first ten years of our sample period, there is consequently incomplete coverage on board composition and a larger sample available to examine board size. The incomplete coverage on board composition causes potential problems for the analysis of both trends and determinants, and we address these in subsequent tests below.

For the analysis of board structure trends (Section 5), the samples employed include all the firm year observations available on each board structure measure, as reported in Columns (2) and (5) of Table 2. For the analysis of board

⁷ Using a logit analysis we find that, prior to 1988, firms which report the number of outsiders are larger, younger, have lower Tobin's Q and cash holdings, and higher return variance and profitability, than non-reporting firms.

Table 3
Descriptive statistics

Variable	No. of observations	Mean	Median	Standard deviation	25th percentile	75th percentile
<i>Panel A: board size sample</i>						
Board size	25,668	7.18	7.00	2.62	5.00	8.00
Size	25,668	3.84	3.61	1.99	2.38	5.11
Age	25,668	2.24	2.48	0.98	1.61	3.00
Debt	25,668	0.30	0.27	0.23	0.11	0.42
Tobin's Q	25,668	1.53	1.22	1.07	0.94	1.70
R&D	25,668	0.01	0.00	0.06	0.00	0.00
STDDEV	25,668	0.11	0.10	0.07	0.07	0.14
FCF	25,668	0.10	0.05	0.14	0.01	0.14
Concentration	25,668	0.13	0.08	0.12	0.07	0.13
ROA	25,668	0.11	0.12	0.12	0.07	0.17
<i>Panel B: %outsiders sample</i>						
%Outsiders	19,307	0.41	0.40	0.16	0.29	0.50
Size	19,307	4.14	3.96	1.97	2.69	5.41
Age	19,307	2.25	2.48	1.03	1.61	3.14
Debt	19,307	0.31	0.28	0.24	0.12	0.43
Tobin's Q	19,307	1.61	1.29	1.11	1.00	1.78
R&D	19,307	0.02	0.00	0.07	0.00	0.00
STDDEV	19,307	0.12	0.10	0.07	0.07	0.14
FCF	19,307	0.11	0.06	0.14	0.01	0.14
Concentration	19,307	0.13	0.08	0.12	0.07	0.14
ROA	19,307	0.11	0.12	0.12	0.08	0.17

This table reports summary statistics on the variables employed in the analysis. Panel A reports statistics for the 25,668 firm year observations (2746 firms) with board size and all other variables available (Column (5) of Table 2). Panel B reports statistics for the 19,307 firm year observations (2515 firms) with %Outsiders and all other variables available (Column (8) of Table 2). Board size is the total number of directors on the board. %Outsiders is the number of outside directors divided by Board size. Size is the logarithm of the market value of equity adjusted for inflation. Age is the logarithm of the number of years since the firm was first listed on Datastream. Debt is the sum of long term debt, short term debt and preference capital, divided by the sum of shareholder funds, long term debt, short term debt and preference capital. Tobin's Q is book value of total assets plus market value of equity minus book value of equity divided by book value of total assets. R&D is research and development expenditure divided by sales. STDDEV is the standard deviation of monthly stock returns over the 12 months preceding the financial year end. FCF is cash holdings divided by total assets. Concentration is the sum of all the squared market shares, where market share for each firm is firm sales divided by total sales for the industry. ROA is the ratio of operating profit before depreciation and provisions divided by total assets.

structure determinants (Section 6), the samples employed also depend on the availability of other explanatory variables, which we now describe.

4.2. Variable specification

The explanatory variables we use to test the hypotheses about firm size, firm complexity, private benefits, monitoring costs, and CEO influence described in Section 2 are as follows. Our measure of firm size, Size, is the logarithm of the market value of equity adjusted for inflation (deflated using the UK Retail Price Index and expressed in 2002 sterling). To proxy for firm complexity, we include firm age and financial leverage. Age is the logarithm of the number of years since the firm is first listed on Datastream. Debt is the sum of long term debt, short term debt and preference capital, divided by the sum of shareholder funds, long term debt, short term debt and preference capital. To proxy for monitoring costs we use three variables. Our two growth measures are Tobin's Q, which is book value of total assets plus market value of equity minus book value of equity divided by book value of total assets, and R&D, which is research and development expenditure (if missing set to zero) divided by sales. Our information asymmetry measure is STDDEV, which is the standard deviation of monthly stock returns over the 12 months preceding the financial year end. To proxy for managers' potential private benefits we include measures for free cash flow and industry concentration. Free cash flow, FCF, is cash holdings divided by total assets. Industry concentration, Concentration, is calculated as the sum of all the squared market shares, where market share for each firm is firm sales divided by total sales for the industry, and industry is defined using Datastream Level 4 industry groupings. We proxy for CEO influence (based on perceived ability) using operating performance, ROA, measured as the ratio of operating profit

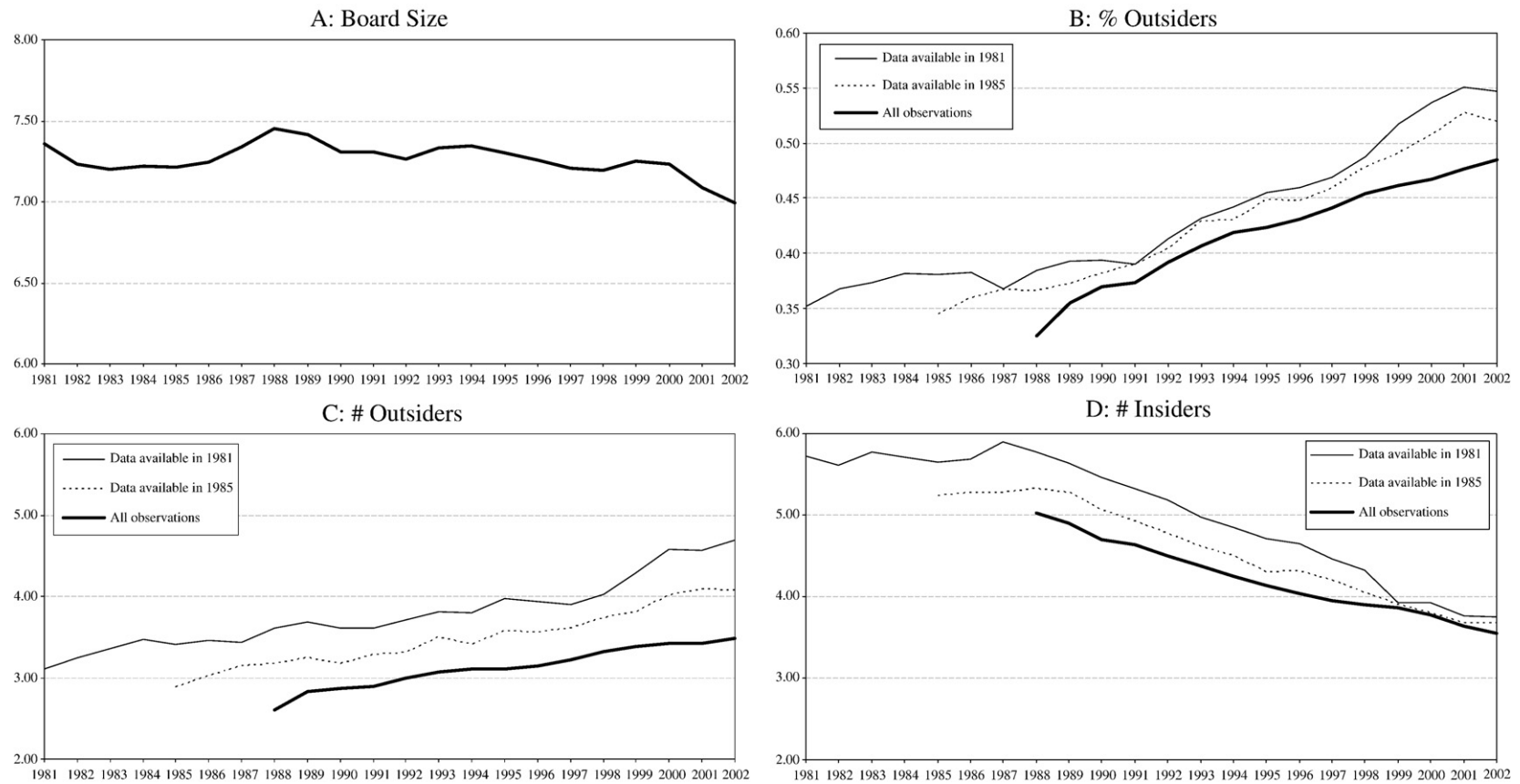


Fig. 1. Trends in board structure: 1981–2002. Fig. 1A, B, C, and D report the trends in average board size, proportion of outsiders, number of outsiders, and number of insiders, respectively for UK firms during 1981–2002. The bold line in each figure incorporates all firm year observations. For Fig. 1B, C, and D, this is estimated from 1988 onwards only because of changing sample composition prior to this date. For these figures, earlier trends are exhibited by the fainter lines which represent samples available in earlier years (1981 and 1985) for which new firms are not added in subsequent years. For Fig. 1A, the bold line represents 3227 unique firms. For Fig. 1B, C, and D the bold line represents 1739 unique firms, the faint line described as “Data available in 1981” represents 182 unique firms, and the faint line described as “Data available in 1985” represents 536 unique firms.

before depreciation and provisions divided by total assets.⁸ All variables are winsorized at the 1st and 99th percentiles to remove influential outliers.

For our main analysis we require the availability of all the above variables. We exclude financial and real estate firms (Datastream Level 4 Industries 80–89), due to the specific characteristics of financial ratios in these industries. Firm year observations for which these variables are available along with board size or board composition are reported in Columns (5) and (8) of Table 2, respectively. Our final samples consist of unbalanced panel datasets of 2746 unique firms with 25,668 firm year observations for board size tests and 2515 unique firms with 19,307 firm year observations for board composition tests.

Table 3 above presents summary statistics for the variables employed. The average (median) board size is 7.18 (7), whilst the average (median) proportion of outside directors is 0.41 (0.40). Board size is thus similar to that reported for US studies, whilst the proportion of outsiders is much smaller. For example, Linck et al. (2008) report an average of 7.5 for board size and an average of 0.66 for the proportion of outsiders.

5. Long term trends in board structure

In this section we examine long run trends in UK board structure from 1981–2002. For both board size and composition trends, we use all available firm year observations from Columns (3) and (6) of Table 2, respectively. Fig. 1A, B, C, and D above exhibit the trends in board size, outsider proportion, number of outsiders, and number of insiders, respectively. Since Datastream reporting on the number of outsiders (and hence outsider proportion and number of insiders) expands considerably up to 1988, aggregating all observations into a time series prior to then is problematic. The sample composition changes are large and firms for which this measure is reported for the first time have a lower proportion of outsiders, number of outsiders, and number of insiders than firms for which it is already reported. Therefore to examine trends prior to 1988, in each year prior to 1988 we sample the firms with the number of outsiders available, and report their subsequent trend without including any new firms. The faint lines in Fig. 1B, C and D exhibit trends for such firms sampled in 1981 and 1985.⁹ In contrast, the bold lines exhibit trends from 1988 onwards, using all observations.

Fig. 1A shows that average board size increases in the 1980s and then declines in the 1990s, especially after 2000. The negative change in board size over the entire period is statistically significant, and consistent with the decline in the US, suggesting common factors may be at work. However, there are differences. Firstly, US board sizes decreased from 1980 onwards. Secondly, the decline in the US is only applicable to large firms (Linck et al., 2008), whilst we find a decline for small, medium and large firms.¹⁰ Finally, whilst US boards increase in size immediately preceding and following SOA, there is no evidence of an increase surrounding either the Cadbury (1992) or Hampel (1998) Reports.

Fig. 1B shows that the proportion of outside directors increases steadily over the entire sample period. The increase is statistically significant, and consistent with US trends (Lehn et al., 2003; Linck et al., 2008). We find a similar increase in outsider proportion for small, medium and large firms. Outside director representation is clearly increasing many years prior to the Cadbury (1992) and Hampel (1998) Reports.

Fig. 1C and D show the average number of outsiders and insiders on the board, respectively. The number of outsiders increases significantly from 1981 onwards. For firms with 1981 data, there is an increase from 3.10 in 1981 to 4.69 in 2002. Consequently, the proportion of firms that meet the Cadbury requirement of having at least three outside directors significantly increases over the period, both prior to 1988 for the smaller samples and from 1988 onwards for all firms (from 44% in 1988 to 70% in 2002). The average number of inside directors is constant until 1988, then falls from 5 to 3.5 in 2002. These trends help us to understand board size trends. From 1981–88, the number of outsiders increases whilst insiders are constant, hence board size increases. From 1988 onwards, the increase in the number of outsiders is offset by a larger decline in the number of insiders, hence board size declines.

The trends we have documented are based on much longer term and broader sample evidence than previous UK studies, which have not examined trends prior to the 1990s. Our evidence is however consistent with the questionnaire

⁸ Industrial diversification and board ownership are also potentially important board structure determinants. Because they are only partly available for our sample period, we test for their impacts in additional tests below.

⁹ Identical results are found when we repeat the analysis using 1982, 1983, 1984, 1986, 1987 and 1988 instead.

¹⁰ Small, medium, and large firms are those in the lowest, middle three, and highest quintiles of Datastream firms ranked annually on market values.

evidence of the [Bank of England \(1983; 1985; 1988\)](#), which shows that outsiders grew in importance in the 1970s and 1980s. These earlier trends can be traced to pressure from various institutions which emphasized the monitoring role of outside directors ([Bullock, 1977](#); [Department of Trade and Industry, 1977](#); [Institute of Directors, 1982](#); [Association of British Insurers, 1990](#)). Their recommendations can be seen as forerunners to the Cadbury and Hampel Reports ([Kirkbride and Letza, 2005](#)) and in considering the impact of these reforms it is clearly important to examine the extent to which any changes are simply continuations of these previous trends. We return to this issue in Section 7 below.

6. The determinants of board structure: econometric analysis

In this section we report the results of multivariate regressions which test the determinants of board structure. Such tests present several econometric problems such as independence of observations, measurement error in the proxy variables and endogeneity ([Boone et al., 2007](#); [Linck et al., 2008](#)) which our econometric approach and robustness tests attempt to address.

6.1. Econometric approach

Our primary approach is to employ the entire panel dataset described in [Table 2](#), which allows us to exploit both the cross-section and time series nature of the data. Although panel data analysis has several significant advantages over cross-sectional analysis, the independence of the year-to-year firm-level observations is a concern because board structure is relatively persistent ([Hermalin and Weisbach, 1988](#)). To illustrate this, the sample correlation between board size (%Outsiders) and its one year lag is 0.8839 (0.7696). To control for this serial correlation, we estimate robust Huber–White standard errors in which observations are clustered at the firm level. Potential measurement error in the proxy variables can lead to attenuation bias where reported results are understated, and we therefore follow [Boone et al. \(2007\)](#) and [Linck et al. \(2008\)](#) and use multiple proxies for single hypotheses (complexity, monitoring costs and monitoring benefits), as described in Section 4.2. Endogeneity problems can occur if board structure and firm specific measures are jointly determined by unobservable factors (unobserved heterogeneity), or if board structure impacts firm specific measures rather than vice versa. In order to reduce endogeneity problems we use industry dummy variables (defined with Datastream Level 4 industry groupings) to control for industry effects ([Mulherin, 2005](#)), and year dummy variables to control for board structure trends. We return to these issues in more detail below. Our initial regression specifications for board size and composition are as follows:

$$\begin{aligned} \text{Board size} = & \alpha + \beta_1 \text{ Size} + \beta_2 \text{ Debt} + \beta_3 \text{ Age} + \beta_4 \text{ Tobin's Q} + \beta_5 \text{ R\&D} + \beta_6 \text{ STDDEV} + \beta_7 \text{ FCF} \\ & + \beta_8 \text{ Concentration} + \beta_9 \text{ ROA} + \text{Industry Dummies} + \text{Year Dummies} + \varepsilon \end{aligned} \quad (1)$$

$$\begin{aligned} \% \text{Outsiders} = & \alpha + \beta_1 \text{ Size} + \beta_2 \text{ Debt} + \beta_3 \text{ Age} + \beta_4 \text{ Tobin's Q} + \beta_5 \text{ R\&D} + \beta_6 \text{ STDDEV} + \beta_7 \text{ FCF} \\ & + \beta_8 \text{ Concentration} + \beta_9 \text{ ROA} + \text{Industry Dummies} + \text{Year Dummies} + \varepsilon \end{aligned} \quad (2)$$

6.2. Key results

The results for Eqs. (1)–(2) are reported in Columns (1) and (3) of [Table 4](#) below. Firm size is significantly positive in both regressions, providing strong support for the hypothesis that larger firms have larger boards and a higher proportion of outside directors. In the board size regression, firm age is insignificant and debt is significantly positive, whilst in the %Outsiders regression, both variables are significantly positive. Thus there is strong evidence that more complex firms have a higher outsider proportion but only mixed evidence that they have larger boards. Evidence on whether board size is determined by the costs and benefits of monitoring is mixed. Although Tobin's Q and STDDEV are significantly negative, R&D is significantly positive. Similarly, whilst concentration is significantly positive, FCF has a negative impact. As for outsider proportion, there is no evidence it is related to monitoring costs and benefits. Tobin's Q and R&D are insignificant, whilst STDDEV is significantly positive. Similarly, FCF and concentration are insignificant. Finally, ROA is significantly negative in both regressions, consistent with the hypothesis that well performing CEOs are able to negotiate a small board with a low outsider proportion. Overall these results support the hypothesis developed in Section 3 that UK board structures will be determined by advisory needs and CEO influence, but not by the costs and benefits of monitoring. We now check the robustness of this conclusion.

Table 4
The determinants of board size and composition

	Board size		%Outsiders	
	(1)	(2)	(3)	(4)
Size	0.909*** (38.50)	0.880*** (38.49)	0.013*** (8.26)	0.013*** (8.35)
Age	−0.002 (0.06)		0.007*** (2.87)	
Debt	0.305*** (2.60)		0.031*** (3.36)	
Complex		0.074*** (2.88)		0.010*** (5.04)
Tobin's Q	−0.422*** (14.98)		−0.003 (1.58)	
R&D	1.148*** (2.90)		−0.026 (0.69)	
STDDEV	−0.681** (2.30)		0.077*** (2.87)	
Monitoring costs		−0.277*** (10.97)		−0.001 (0.25)
FCF	−0.353 (1.58)		0.012 (0.65)	
Concentration	0.714* (1.86)		−0.048 (1.63)	
Private benefits		−0.053 (1.42)		−0.001 (0.24)
ROA	−1.554*** (6.68)	−2.315*** (9.44)	−0.069*** (3.49)	−0.079*** (4.13)
Intercept, industry and year dummies	Yes	Yes	Yes	Yes
Adjusted R^2	0.4593	0.4472	0.1660	0.1647
No. of observations	25,688	25,688	19,307	19,307

This table reports OLS regressions of Board size and %Outsiders on firm characteristics. Board size is the total number of directors on the board. %Outsiders is the number of outside directors divided by Board size. Size is the logarithm of the market value of equity adjusted for inflation. Age is the logarithm of the number of years since the firm was first listed on Datastream. Debt is the sum of long term debt, short term debt and preference capital, divided by the sum of shareholder funds, long term debt, short term debt and preference capital. Tobin's Q is book value of total assets plus market value of equity minus book value of equity divided by book value of total assets. R&D is research and development expenditure divided by sales. STDDEV is the standard deviation of monthly stock returns over the 12 months preceding the financial year end. FCF is cash holdings divided by total assets. Concentration is the sum of all the squared market shares, where market share for each firm is firm sales divided by total sales for the industry. ROA is the ratio of operating profit before depreciation and provisions divided by total assets. Using principal components analysis, Complex is the principal factor for the information in Age and Debt, Monitoring costs is the principal factor for the information in Tobin's Q, R&D, and STDDEV, while Private benefits is the principal factor for the information in FCF and Concentration. Absolute t -statistics are in parentheses and are based on robust standard errors in which observations are clustered at the firm level. ***, ** and * denote significance at the 1%, 5%, and 10% level, respectively.

6.3. Robustness tests

In Eqs. (1)–(2) we include all proxy variables simultaneously. This is potentially problematic if the variables are correlated with one another, biasing the estimated coefficients towards zero. To control for this, we firstly enter the variables for each hypothesis individually (Boone et al., 2007). This changes the sign and significance of some of the coefficients but our conclusions remain the same.¹¹ Secondly, we use principal components to transform the proxy variables for each hypothesis into a single linear combination that accounts for the highest proportion of their variance, hence capturing their commonality and being better proxies for the underlying information (see e.g., Boone et al., 2007; Linck et al., 2008). We create three new proxy variables; Complex is the principal factor for the information contained in Age and Debt, Monitoring costs for Tobin's Q, R&D, and STDDEV, and Private benefits for FCF and

¹¹ In the board size regression; the R&D coefficient is insignificantly negative when included without Tobin's Q and STDDEV. In the %Outsiders regression; the Age coefficient is insignificant when included without Debt; the Tobin's Q coefficient is significantly negative when included without R&D and STDDEV; and the Concentration coefficient is insignificantly positive when included without FCF.

Concentration.¹² Columns (2) and (4) of Table 4 report the results using these principal components. Size and complexity are consistently significantly positive. Monitoring costs are significantly negative for board size but insignificant for outsider proportion. Private benefits are insignificantly negatively related to board size and outsider proportion. These results are consistent with and reinforce those in Columns (1) and (3).

To check the robustness of our findings to extreme observations, we employ robust regression, median regression, and iteratively reweighted least squares regression techniques. In order to further address concerns about independence of observations we follow Linck et al. (2008) and analyze three sub-samples of observations based on every three years (1981, 1984,...2002; 1982, 1985,...2000; 1983, 1986,...2001). Our results may be biased towards zero because of a lack of cross-sectional variation prior to 1988 due to low board composition reporting prior to then, and we therefore recalculate results from 1988 onwards only. The results using these alternative methods are similar to those in Table 4, and our conclusions unchanged.

Despite controlling for industry and time fixed effects, endogeneity caused by unobserved heterogeneity at the firm specific level could still be a problem, and we therefore employ a firm fixed effects model. The results are reported in Table 5 below. The results for board size (Columns (1)–(2)) are very similar to those in Table 4. The results for % Outsiders (Columns (3)–(4)), show that the results for monitoring costs, benefits, and ROA are very similar. However, the results for firm size, age and debt are now of a negative sign and statistically insignificant, indicating that outsider proportion is not determined by advising requirements. However, it has been argued (Coles et al., 2008) that a fixed effects approach will reduce statistical power because most of the variation in board size and composition arises in the cross-section rather than the time series. Hence, it is not possible to categorically conclude that the strong cross-sectional relation between outsider proportion and advising requirements is a spurious one.

Another endogeneity problem is that of reverse causality, whereby firm specific explanatory variables are determined by board structure rather than vice versa. In particular, Yermack (1996) finds that board size and % Outsiders have negative impacts on Tobin's Q and ROA, whilst Cheng (2008) finds that board size has a negative impact on STDDEV. In order to address this, we follow Yermack (1996) and firstly re-estimate Eqs. (1)–(2) in an instrumental variables framework, using lagged values of Tobin's Q, STDDEV and ROA as instruments for current values. Secondly, we use up to three year lagged values of Tobin's Q, STDDEV and ROA instead of current values. For Eq. (1) we employ instruments and lags for Tobin's Q, STDDEV and ROA, whilst for Eq. (2) we only do so for ROA. The new estimates (not tabulated) are very similar to the original estimates in Table 4. We conclude that the evidence supports the argument that past firm specific measures do influence board structure.

A further potential source of bias is that of omitted variables. In particular, previous studies show that CEO/board ownership and industrial diversification are important board structure determinants. We test the impact of these variables on sub-samples for which such data are available. Aggregate board ownership is available on Datastream for the two most recent years. For the board size (%Outsiders) sample, board ownership is available for 5034 (4412) firm year observations with an average of 15.37% (14.45%) and median of 6.2% (5.2%). From 1988 onwards, Datastream reports the breakdown of firm sales by 3-digit SIC codes. Consistent with prior studies (e.g., Linck et al., 2008), we employ the number of reported segments as a proxy for diversification. For the board size (%Outsiders) sample, the number of segments is available for 14,894 (13,580) firm year observations, whilst for both samples, the average (median) number of segments is 1.73 (1). In Table 6 below we report the results of running Models (1) and (3) from Table 4, including separately board ownership and the number of segments.

The coefficient for board ownership is positive and marginally significant in the board size regression (Column (1)) and significantly negative in the %Outsiders regression (Column (2)). The former finding is inconsistent with previous findings which find a negative impact, whilst the latter finding is consistent with the previous studies. The impact of the other explanatory variables on board size is similar to those in Table 4 and hence not affected by the inclusion of board ownership. However, for the %Outsiders regression, the coefficients for age and debt are no longer significant. In the case of age, this difference is not driven by the smaller sample employed because when board ownership is excluded, the coefficient for age is still significantly positive (although this is not the case for debt). There is therefore evidence that complexity does not have a positive impact on outsider proportion when board ownership is included.¹³

¹² The Eigen values for each principal component exceed one and therefore have more power than any one of the original proxies by itself. The second components have Eigen values of less than one and are therefore excluded.

¹³ A principal components analysis results in the same conclusion. For the %Outsiders regression, the complex factor is insignificant when board ownership is included, yet significantly positive when ownership is excluded.

Table 5
The determinants of board size and composition: fixed effects analysis

	Board size		%Outsiders	
	(1)	(2)	(3)	(4)
Size	0.616*** (20.00)	0.545*** (19.26)	−0.001 (0.31)	−0.002 (0.77)
Age	0.147*** (2.95)		−0.004 (0.90)	
Debt	0.305*** (3.01)		−0.003 (0.31)	
Complex		0.129*** (4.45)		−0.002 (0.82)
Tobin's Q	−0.319*** (13.98)		−0.003 (1.31)	
R&D	−0.289 (0.59)		−0.084** (1.98)	
STDDEV	−0.252 (1.32)		0.025 (1.24)	
Monitoring costs		−0.238*** (10.86)		−0.002 (1.14)
FCF	−0.669*** (4.03)		0.026* (1.68)	
Concentration	0.318 (0.92)		−0.061* (1.94)	
Private benefits		−0.092 *** (3.17)		0.000 (0.10)
ROA	−0.783*** (4.12)	−1.002*** (5.15)	−0.041** (2.06)	−0.041** (2.07)
Intercept and year dummies	Yes	Yes	Yes	Yes
Adjusted R ²	0.4112	0.3999	0.0883	0.0915
No. of observations	25,688	25,688	19,307	19,307

This table reports firm fixed effect regressions of Board size and %Outsiders on firm characteristics. Board size is the total number of directors on the board. %Outsiders is the number of outside directors divided by Board size. Size is the logarithm of the market value of equity adjusted for inflation. Age is the logarithm of the number of years since the firm was first listed on Datastream. Debt is the sum of long term debt, short term debt and preference capital, divided by the sum of shareholder funds, long term debt, short term debt and preference capital. Tobin's Q is book value of total assets plus market value of equity minus book value of equity divided by book value of total assets. R&D is research and development expenditure divided by sales. STDDEV is the standard deviation of monthly stock returns over the 12 months preceding the financial year end. FCF is cash holdings divided by total assets. Concentration is the sum of all the squared market shares, where market share for each firm is firm sales divided by total sales for the industry. ROA is the ratio of operating profit before depreciation and provisions divided by total assets. Using principal components analysis, Complex is the principal factor for the information in Age and Debt, Monitoring costs is the principal factor for the information in Tobin's Q, R&D, and STDDEV, while Private benefits is the principal factor for the information in FCF and Concentration. Absolute *t*-statistics are in parentheses and are based on robust standard errors. ***, ** and * denote significance at the 1%, 5%, and 10% level, respectively.

Columns (3)–(4) of Table 6 show that the number of segments coefficient is insignificantly positive in the board size regression, and significantly positive in the %Outsiders regression. The inclusion of this variable does not change the impact of other explanatory variables, which are consistent with the regression run on the same sub-sample of firms with number of segments excluded. We saw above that proxies for complexity are not significant in explaining % Outsiders with a fixed effects framework or when board ownership is controlled for, and the inclusion of the number of business segments does not change this conclusion.¹⁴

6.4. Summary

In summary, the results in this section strongly support the hypothesis that board size is determined by advisory needs and CEO influence whilst outsider proportion is determined by CEO influence. This conclusion is robust to a

¹⁴ The number of segments is not significant in the %Outsiders regression when firm fixed effects are included. Similarly, it is not significant using OLS when both number of segments and board ownership are included.

Table 6

The determinants of board size and composition: impact of board ownership and the number of business segments

	Board size (1)	%Outsiders (2)	Board size (3)	%Outsiders (4)
Size	0.808*** (33.20)	0.011*** (5.45)	0.754*** (27.32)	0.015*** (6.60)
Age	0.004 (0.10)	0.003 (0.87)	−0.002 (0.07)	0.005** (1.99)
Debt	0.285** (2.01)	0.005 (0.41)	0.114 (0.87)	0.026** (2.43)
Tobin's Q	−0.262*** (7.99)	−0.001 (0.30)	−0.294*** (9.95)	−0.002 (0.67)
R&D	1.507*** (3.41)	−0.042 (0.96)	1.421*** (3.19)	−0.049 (1.11)
STDDEV	−0.553 (1.33)	0.116*** (2.82)	−0.973*** (2.98)	0.056* (1.88)
FCF	−0.744*** (3.20)	0.022 (0.93)	−0.442* (1.77)	0.005 (0.22)
Concentration	0.074 (0.14)	−0.037 (0.72)	0.217 (0.50)	−0.066* (1.74)
ROA	−0.891*** (3.30)	−0.044* (1.73)	−0.850*** (3.38)	−0.095*** (4.31)
Board ownership	0.003* (1.73)	−0.001*** (7.96)		
No. of segments			0.017 (0.46)	0.007*** (2.61)
Intercept, industry and year dummies	Yes	Yes	Yes	Yes
Adjusted R^2	0.4278	0.2087	0.3470	0.1478
No. of observations	5034	4412	14,894	13,580

This table reports OLS regressions of Board size and %Outsiders on firm characteristics. Board size is the total number of directors on the board. %Outsiders is the number of outside directors divided by Board size. Size is the logarithm of the market value of equity adjusted for inflation. Age is the logarithm of the number of years since the firm was first listed on Datastream. Debt is the sum of long term debt, short term debt and preference capital, divided by the sum of shareholder funds, long term debt, short term debt and preference capital. Tobin's Q is book value of total assets plus market value of equity minus book value of equity divided by book value of total assets. R&D is research and development expenditure divided by sales. STDDEV is the standard deviation of monthly stock returns over the 12 months preceding the financial year end. FCF is cash holdings divided by total assets. Concentration is the sum of all the squared market shares, where market share for each firm is firm sales divided by total sales for the industry. ROA is the ratio of operating profit before depreciation and provisions divided by total assets. Board ownership is aggregate percentage share ownership of the board. No. of segments is the number of company 3 digit SIC codes. Absolute t -statistics are in parentheses and are based on robust standard errors in which observations are clustered at the firm level. ***, ** and * denote significance at the 1%, 5%, and 10% level, respectively.

range of econometric methods. There is also a strong cross-sectional positive relation between outsider proportion and advisory needs. However, this is not robust to controlling for unobserved firm specific effects and board ownership. Our findings support the hypothesis that UK boards, in contrast to US boards, will not be determined by monitoring costs and benefits. Our evidence however shows that UK boards are not randomly structured since the regression models explain up to 45% of their variation. As such, our results undermine the view that UK boards can be improved by governance reforms based on uniform rules. We now turn to study the impact of such reforms.

7. The impact of soft regulation on board structure

In the UK since the early 1990s a number of reports (Cadbury, 1992; Greenbury, 1995; Hampel, 1998; Turnbull, 1999; Myners, 2001; Higgs, 2003) have made recommendations for best practice in different aspects of corporate governance, which now form part of the Combined Code on Corporate Governance (Financial Reporting Council, 2006). Listed firms must explain any non-compliance in their annual reports. The Cadbury (1992) and Hampel (1998) reports are those over our sample period most relevant for board structure.¹⁵ A key recommendation of Cadbury (published in December 2002, implemented on 30/06/1993) was that boards should include at least three outsiders. A

¹⁵ Greenbury (1995) focused on executive pay, Turnbull (1999) on internal control, and Myners (2001) on institutional investors.

Table 7

Compliance with the Cadbury and Hampel governance reforms

	(1)	(2)	(3)	(4)	(5)	(6)
<i>Panel A: Cadbury</i>						
Pre-reform compliance		Yes 572			No 491	
Post-reform compliance	Always 378	Never 22	Irregularly 172	Always 61	Never 140	Irregularly 290
<i>Panel B: Hampel</i>						
Pre-reform compliance		Yes 950			No 205	
Post-reform compliance	Always 840	Never 15	Irregularly 95	Always 60	Never 58	Irregularly 87

This table reports the extent of compliance with the Cadbury and Hampel corporate governance reforms. Panel A examines the sample of 1063 firms for which firm year observations are available both before and after the implementation date for the Cadbury Code (30/06/1993). The sample is categorized according to whether in the year prior to this date, the firm has three non-executive directors and by whether, following this date for all remaining firm observations, the firm always has, never has, or irregularly has three non-executive directors. Panel B examines the sample of 1155 firms for which firm year observations are available both before and after the implementation date of the Hampel Report (31/12/1998). The sample is categorized according to whether in the year prior to this date, the firm has at least one third non-executive directors on the board and by whether, following this date for all remaining firm observations, the firm always has, never has, or irregularly has at least one third non-executive directors on the board.

key recommendation of Hampel (published in January 1998, implemented on 31/12/1998) was that boards should comprise at least one third outsiders.

The UK voluntary approach allows boards to be structured according to their own specific requirements, an approach supported by the evidence presented thus far. However, comply-or-explain will only achieve greater flexibility when investors are capable of evaluating non-compliance explanations (Filatotchev et al., 2007). For example, Tafara (2007) argues that the mandatory approach is more appropriate for the US because of its relatively less sophisticated shareholder base consisting of a high proportion of retail investors. Given the prescriptive nature of the Combined Code, and the fact that it provides very limited guidelines for investors to interpret non-compliance, it remains to be seen whether companies will diverge from its recommendations and whether underlying board structure determinants will change.

7.1. Compliance levels before and after the reforms

Table 7 above reports compliance levels before and after the Cadbury and Hampel reforms. Panel A categorizes firms according to whether in the financial year prior to Cadbury implementation (30/06/1993), they have three outsiders, and by whether, following this date for all remaining firm observations, the firm always has, never has, or irregularly has, three outsiders. In Panel B, firms are categorized according to whether in the financial year prior to Hampel implementation (31/12/1998), they have at least one third outsiders, and by whether, following this date for all remaining firm observations, the firm always has, never has, or irregularly has, at least one third outsiders. In both panels and subsequent analysis, only firms with observations available both before and after the implementation dates are included to maintain sample composition pre- and post-reform (1063 for Cadbury, 1155 for Hampel).

A number of important points can be discerned from Table 7. Firstly, 46% of firms are not in compliance with Cadbury beforehand, whilst only 18% of firms are not in compliance with Hampel beforehand. Therefore the Cadbury recommendation has more potential to impact board structures.¹⁶ Although a number of these non-complying firms have complied at some point previously (132 prior to Cadbury, 88 prior to Hampel) the majority has not (359 prior to Cadbury, 118 prior to Hampel). Secondly, following the reforms, a large proportion of firms either never comply (15% following Cadbury, 6% following Hampel) or comply irregularly (44% following Cadbury, 16% following Hampel).¹⁷

¹⁶ This clearly follows from the average sample board size of seven, since one third of seven is less than three, and therefore compliance with Cadbury implies automatic compliance with Hampel for an average firm.

¹⁷ Those complying irregularly do not appear to be simply complying with a lag. For example, for 368 of the 644 firms that comply irregularly following both reforms, we observe compliance followed by non-compliance.

Therefore many firms do not appear overly concerned about compliance, and make use of the flexibility that the regulation offers.

Although there is significant non-compliance, the proportion of firms in compliance, either on a continual or irregular basis, is higher following both reforms. For example, of the 359 (118) firms never in compliance prior to Cadbury (Hampel), only 140 (58) are never in compliance afterwards. The increase in the proportion of firms complying is statistically significant. Sign tests for differences in the proportion of firms in compliance in the year before and after the reforms (54% to 59% for Cadbury; 82% to 85% for Hampel) are significant at the 1% level. However these tests do not take account of the long term trends (reported in Fig. 1 above) or other determinants of board structure that may be changing over time.

7.2. The impact of the reforms on board structure

To examine the impact of the reforms more rigorously, we employ a change model where the annual change in board structure (board size, percentage of outsiders, number of outsiders, and number of insiders) is the dependent variable. By modelling changes in board structure rather than levels, we control for the long term trends shown in Fig. 1. Our explanatory variables include dummy variables for the year prior to and the five years following the Cadbury and Hampel implementation dates. Firms are included if data are available both before and after the specific reform, and a maximum of five years data either side of the reforms is employed.¹⁸ Years –5 to –2 prior to the reforms act as the base years against which to compare the dummy variables. Control variables are industry dummy variables and changes in all the firm specific variables employed above (coefficients not reported). The results are shown in Table 8 below.¹⁹

Panel A reveals a significantly large increase in board size, and the number and proportion of outside directors in the year prior to Cadbury. Although the impact occurs before Cadbury we are confident in attributing it to Cadbury because the recommendations were made public and received widespread support one year prior to implementation (Cadbury, 1992). We find no significant impact of Cadbury on the number of insiders, and hence no evidence that Cadbury resulted in firms removing executives to make way for non-executives. Panel B shows that Hampel has only an insignificantly positive impact on the number of outsiders (year +1). There is also evidence of a marginally significant (10% level) increase in the number of insiders, for which there does not appear any obvious explanation.²⁰ The increase in the number of both outsiders and insiders results in a significant increase in board size in the year following Hampel. The impact on outsider proportion is insignificantly positive.^{21,22}

7.3. The determinants of compliance

The evidence presented so far suggests that different board structures are optimal for different firms, and that the reforms had a significant impact on board structure. If firms treat the compliance decision as a ‘box ticking’ exercise to avoid the costs of non-compliance (i.e., the time spent justifying non-compliance), then comply-or-explain may cause inefficient boards and worsen corporate performance. We therefore examine whether the compliance decision is due to the normal economic determinants, or whether it is arbitrary. We compare those firms that go from not being in compliance to always being in compliance (Column (4) in Table 7), with those firms that are not in compliance

¹⁸ The first year included is hence 1988, for which board composition data are widely available (see discussion in Section 4.1), ensuring that changing sample composition does not bias the results.

¹⁹ R-square is low for all regressions in Table 8. Hence our explanatory variables explain much less of the variation in board structure changes than they do the variation in board structure levels. Previous studies examining board structure changes also report comparable low r-squares (see e.g., Yermack, 1996, Table 3, Column 4).

²⁰ The positive impact of Hampel on the number of insiders is not inconsistent with the negative trend in Fig. 1. The dependent variable is the change in the number of insiders, and hence estimates whether the change (which could be positive or negative) is greater or less than the change prior to the reforms. For example, in the case of the number of insiders, this could decline significantly in each year, but the change could be significantly less negative in the year following Hampel and in which case the explanatory variable for year +1 would be significantly positive.

²¹ Although Hampel has a greater impact on the number of insiders compared to outsiders, it does not follow that board independence will be reduced. This is because the number of outsiders is lower than the number of insiders. For example, if both outsiders and insiders increase by an equal number, there will be a positive (not neutral) impact on the proportion of outsiders.

²² We run the same models using changes in whether the firm is in compliance or not with the particular reform. We find a significant increase in the number of firms in compliance with Cadbury (in the year prior), but no significant increase in the number of firms in compliance with Hampel.

Table 8

The determinants of board structure: impact of the Cadbury and Hampel governance reforms

	Δ Board size (1)	$\Delta\%$ Outsiders (2)	$\Delta\#$ Outsiders (3)	$\Delta\#$ Insiders (4)
<i>Panel A: Cadbury</i>				
Year – 1	0.082* (1.65)	0.089** (2.21)	0.011** (2.22)	–0.004 (0.08)
Year + 1	–0.016 (0.38)	–0.019 (0.51)	0.005 (1.14)	0.008 (0.19)
Year + 2	–0.026 (0.58)	–0.050 (1.35)	–0.004 (0.97)	0.023 (0.55)
Year + 3	0.025 (0.60)	0.034 (0.93)	0.003 (0.74)	0.006 (0.14)
Year + 4	0.007 (0.17)	0.023 (0.68)	0.003 (0.69)	–0.007 (0.17)
Year + 5	0.010 (0.22)	–0.007 (0.21)	0.001 (0.18)	0.031 (0.76)
Intercept, changes in firm characteristics and industry dummies	Yes	Yes	Yes	Yes
Adjusted R^2	0.0233	0.0091	0.0037	0.0127
No. of observations	9353	8136	8136	8136
<i>Panel B: Hampel</i>				
Year – 1	0.061 (1.36)	–0.002 (0.59)	0.009 (0.29)	0.058 (1.56)
Year + 1	0.086** (2.24)	0.002 (0.61)	0.036 (1.31)	0.057* (1.71)
Year + 2	–0.068 (1.59)	0.001 (0.20)	–0.019 (0.60)	–0.039 (1.14)
Year + 3	–0.060 (1.33)	–0.005 (1.33)	–0.063** (1.96)	0.009 (0.24)
Year + 4	–0.029 (0.66)	0.003 (0.83)	0.013 (0.39)	–0.033 (0.90)
Year + 5	–0.066 (0.97)	–0.010* (1.76)	–0.082* (1.68)	0.025 (0.45)
Intercept, changes in firm characteristics and industry dummies	Yes	Yes	Yes	Yes
Adjusted R^2	0.0390	0.0066	0.0166	0.0214
No. of observations	8539	8349	8349	8349

This table reports OLS regressions of annual changes in Board size, %Outsiders, #Outsiders, and #Insiders on event years surrounding the Cadbury and Hampel Reforms, and changes in firm characteristics and industry dummy variables. For both panels, firms are included if data are available both before and after the specific reform, and a maximum of five years data either side of the reforms is employed. Board size is the total number of directors on the board. %Outsiders is the number of outside directors divided by Board size. #Outsiders is the number of outside directors on the board. #Insiders is the number of insiders on the board. Firm characteristics include the following. Size is the logarithm of the market value of equity adjusted for inflation. Age is the logarithm of the number of years since the firm was first listed on Datastream. Debt is the sum of long term debt, short term debt and preference capital, divided by the sum of shareholder funds, long term debt, short term debt and preference capital. Tobin's Q is book value of total assets plus market value of equity minus book value of equity divided by book value of total assets. R&D is research and development expenditure divided by sales. STDDEV is the standard deviation of monthly stock returns over the 12 months preceding the financial year end. FCF is cash holdings divided by total assets. Concentration is the sum of all the squared market shares, where market share for each firm is firm sales divided by total sales for the industry. ROA is the ratio of operating profit before depreciation and provisions divided by total assets. Absolute t -statistics are in parentheses and are based on robust standard errors in which observations are clustered at the firm level. ***, ** and * denote significance at the 1%, 5%, and 10% level, respectively.

beforehand and are never in compliance afterwards (Column (5) in Table 7). The former appear the most likely to have complied because of non-economic determinants, and hence provide the cleanest test. We employ a logit model, in which the dependent variable is set equal to one for the former group and equal to zero for the latter group. We restrict the analysis to post-reform years. The results are shown in Table 9 below.

Compared to non-adopting firms, complying firms are significantly larger, more leveraged, and have lower profitability (although the latter is not significant for Hampel). The impact of monitoring costs is not consistent, having a significantly negative impact on Cadbury compliance but a significantly positive impact on Hampel

Table 9
The determinants of compliance with the Cadbury and Hampel governance reforms

	Cadbury compliance		Hampel compliance	
	(1)	(2)	(3)	(4)
Size	1.087*** (5.68)	0.993*** (5.61)	0.453** (2.46)	0.287* (1.90)
Age	0.175 (0.42)		−0.315 (0.96)	
Debt	1.928** (2.38)		3.678*** (3.43)	
Complex		0.684*** (2.91)		0.693*** (2.95)
Tobin's Q	−0.591** (2.16)		0.109 (0.53)	
R&D	−16.640 (1.16)		−1.206 (0.41)	
STDDEV	−2.387 (1.17)		7.415*** (2.59)	
Monitoring costs		−0.803*** (3.37)		0.308** (2.16)
FCF	−1.251 (0.74)		1.362 (0.83)	
Concentration	3.687 (1.41)		4.373 (0.67)	
Private benefits		−0.131 (0.48)		0.018 (0.06)
ROA	−6.068** (2.32)	−5.684** (2.22)	−1.910 (0.98)	−2.133 (1.31)
Intercept, industry and year dummies	Yes	Yes	Yes	Yes
Pseudo R^2	0.4026	0.3924	0.2735	0.1957
No. of observations	1143	1143	363	363

This table reports logit regressions of compliance with corporate governance reforms on firm characteristics. In Columns (1)–(2) the sample employed is the 201 firms (Columns (4)–(5), Table 7 Panel A) which prior to Cadbury do not have at least three outside directors, but following Cadbury either always (61) or never have (140) at least this number. The dependent variable is equal to one for firms that always comply and zero for firms that never comply. Firm year observations after the Cadbury implementation date (30/06/1993) are employed. In Columns (3)–(4) the sample employed is the 118 firms (Columns (4)–(5), Table 7 Panel B) which prior to Hampel do not have at least one third outside directors, but following Hampel, either always (60) or never have (58) at least this proportion. The dependent variable is equal to one for firms that always comply and zero for firms that never comply. Firm year observations after the Hampel implementation date (31/12/1998) are employed. Size is the logarithm of the market value of equity adjusted for inflation. Age is the logarithm of the number of years since the firm was first listed on Datastream. Debt is the sum of long term debt, short term debt and preference capital, divided by the sum of shareholder funds, long term debt, short term debt and preference capital. Tobin's Q is book value of total assets plus market value of equity minus book value of equity divided by book value of total assets. R&D is research and development expenditure divided by sales. STDDEV is the standard deviation of monthly stock returns over the 12 months preceding the financial year end. FCF is cash holdings divided by total assets. Concentration is the sum of all the squared market shares, where market share for each firm is firm sales divided by total sales for the industry. ROA is the ratio of operating profit before depreciation and provisions divided by total assets. Using principal components analysis, Complex is the principal factor for the information in Age and Debt, Monitoring costs is the principal factor for the information in Tobin's Q, R&D, and STDDEV, while Private benefits is the principal factor for the information in FCF and Concentration. Absolute z-statistics are in parentheses and are based on robust standard errors in which observations are clustered at the firm level. ***, ** and * denote significance at the 1%, 5%, and 10% level, respectively.

compliance. This is consistent with our general finding that total number of directors (outsiders or insiders) is negatively related to monitoring costs whilst outsider proportion is not. Monitoring benefits are not significantly related to compliance with either reform. Overall, this evidence suggests that compliance is not arbitrary but instead related to the same economic determinants that determine outside director representation in general.²³ Our

²³ We investigate the difference between firms always complying (Column (4), Table 7) with those complying irregularly (Column (6), Table 7). They are generally of the same sign as in Table 9, but of lower magnitude and significance, suggesting that the extent of within-firm compliance is also determined by efficiency considerations.

Table 10

The determinants of board size and composition: pre- and post-Cadbury

	Board size		%Outsiders	
	(1)	(2)	(3)	(4)
Size	0.948*** (25.98)	0.922*** (26.06)	0.008*** (3.53)	0.009*** (4.08)
Age	−0.013 (0.25)		0.009** (2.49)	
Debt	0.195 (0.87)		0.010 (0.59)	
Complex		0.055 (1.12)		0.008** (2.22)
Tobin's Q	−0.506*** (6.84)		−0.002 (0.45)	
R&D	1.785 (1.02)		0.072 (0.65)	
STDDEV	−0.836 (1.51)		−0.020 (0.41)	
Monitoring costs		−0.370*** (6.32)		−0.003 (0.55)
FCF	−0.446 (0.96)		−0.055* (1.66)	
Concentration	0.063 (0.12)		0.032 (0.71)	
Private benefits		−0.110 (1.59)		−0.005 (0.95)
ROA	−1.622*** (3.42)	−2.322*** (4.81)	−0.155*** (3.50)	−0.159*** (3.66)
Post-Cadbury	0.111 (0.45)	0.105 (0.95)	−0.062*** (3.20)	0.045*** (4.65)
Size* post-Cadbury	−0.099*** (3.50)	−0.097*** (3.47)	0.004** (2.09)	0.003 (1.35)
Age* post-Cadbury	−0.065 (0.99)		0.023*** (4.56)	
Debt* post-Cadbury	0.259 (1.17)		0.027 (1.52)	
Complex* post-Cadbury		0.024 (0.46)		0.016*** (3.97)
Tobin's Q* post-Cadbury	0.169*** (2.45)		0.002 (0.29)	
R&D* post-Cadbury	−1.490 (0.88)		−0.220 (1.51)	
STDDEV* post-Cadbury	−0.562 (0.87)		0.225*** (4.02)	
Monitoring costs* post-Cadbury		0.073 (1.30)		0.004 (0.68)
FCF* post-Cadbury	0.025 (0.06)		0.040 (1.07)	
Concentration* post-Cadbury	−0.197 (0.48)		0.011 (0.41)	
Private benefits* post-Cadbury		0.004 (0.07)		0.004 (1.11)
ROA* post-Cadbury	0.055 (0.10)	0.192 (0.36)	0.105** (2.17)	0.093** (2.01)
Intercept and industry dummies	Yes	Yes	Yes	Yes
Adjusted R^2	0.4861	0.4799	0.1540	0.1468
No. of observations	12,861	12,861	12,007	12,007

This table reports OLS regressions of Board size and %Outsiders on firm characteristics, interacted with a Post-Cadbury dummy variable which is set equal to one for financial years after the Cadbury implementation date (30/06/1993), zero otherwise. The sample of firms employed is those for which data are available both before and after 30/06/1993, and only firm year observations from 1988 onwards are included. Board size is the total number of directors on the board. %Outsiders is the number of outside directors divided by Board size. Size is the logarithm of the market value of equity adjusted for inflation. Age is the logarithm of the number of years since the firm was first listed on Datastream. Debt is the sum of long term debt, short term debt and preference capital, divided by the sum of shareholder funds, long term debt, short term debt and preference capital. Tobin's Q is book value of total assets plus market value of equity minus book value of equity divided by book value of total assets. R&D is research and development expenditure divided by sales. STDDEV is the standard deviation of monthly stock returns over the 12 months preceding the financial year end. FCF is cash holdings divided by total assets. Concentration is the sum of all the squared market shares, where market share for each firm is firm sales divided by total sales for the industry. ROA is the ratio of operating profit before depreciation and provisions divided by total assets. Using principal components analysis, Complex is the principal factor for the information in Age and Debt, Monitoring costs is the principal factor for the information in Tobin's Q, R&D, and STDDEV, while Private benefits is the principal factor for the information in FCF and Concentration. Absolute *t*-statistics are in parentheses and are based on robust standard errors in which observations are clustered at the firm level. ***, ** and * denote significance at the 1%, 5%, and 10% level, respectively.

findings are consistent with previous findings (Young, 2000; Peasnell et al., 2003; Hillier and McColgan, 2006; Lasfer, 2006; Dahya and McConnell, 2007) that Cadbury complying firms are larger, have lower board ownership, and lower profitability.

7.4. The impact of the reforms on board structure determinants

We now examine whether the reforms alter the fundamental economic determinants of board structures, by interacting each explanatory variable with a dummy variable set equal to one for all years post-Cadbury, zero for all years prior. The results are displayed in Table 10 above.²⁴

In the board size regressions (Columns (1)–(2)), the coefficient for the interactive Size*post-Cadbury variable is significantly negative, indicating that the relationship between firm size and board size is significantly weaker following Cadbury. An *F*-test shows that the underlying positive relation is weakened but not fundamentally changed (by rejecting the hypothesis that the sum of the coefficients on firm size and its interaction term with the post-Cadbury dummy equal zero). Similarly, the significantly negative relation between Tobin's *Q* and board size is weakened after Cadbury, but an *F*-test shows that the negative relation still holds post-Cadbury. Furthermore, the principal component analysis in Column (2) shows no evidence that the relation between monitoring costs and board size significantly changes following Cadbury.

In the %Outsiders regressions (Columns (3)–(4)), there is some evidence that the positive relation between outsider proportion and firm size is strengthened post-Cadbury (Column (3)), but this does not hold in the principal components regression (Column (4)). The positive relation between outsider proportion and complexity is also strengthened, suggesting that complex firms are more likely to use outside directors than was the case prior to Cadbury. Despite the emphasis placed on monitoring by the reforms, the relation between outsider proportion and monitoring costs (or benefits) does not change. However, the relation between %Outsiders and profitability is significantly less negative following Cadbury, and an *F*-test does not reject the hypothesis that the sum of the coefficients on profitability and its interaction term with the post-Cadbury dummy equals zero. Therefore in the post-Cadbury period there is no longer a significant relation between profitability and board composition, suggesting that well performing CEOs have less influence to structure boards. This is consistent with a key objective of Cadbury to reduce the control of powerful CEOs and with US findings which show that following SOA, CEO ownership no longer has a negative impact on outsider proportion (Linck et al., 2008).

8. Summary and conclusions

Using a large sample of UK firms from 1981 to 2002, we examine the trends and determinants of board size and composition. The sample employed is the largest and most comprehensive employed for the UK, giving us confidence in the generalization of our findings, whilst the long time series allows us to document for the first time the long term trends in UK board structures.

We argue that the determinants of board structure will depend on the specific function of boards within a particular country, and analyze UK board structures in the context of the legal and institutional background. Due to factors such as the weak enforcement of directors' legal duties and the strong role of institutional investors, we hypothesize that UK boards will play a weak monitoring role and hence will not be structured according to the costs or benefits of monitoring. Our evidence supports this. Although we find, consistent with US studies, that board size and outsider proportion are positively impacted by greater advising needs and negatively impacted by CEO influence, outsider proportion is not related to monitoring costs or benefits. Therefore board structure determinants for UK firms differ in a predictable way from US firms. Consistent with US studies however, we conclude that UK boards are not randomly structured since the regression models explain a significant amount of their variation.

Over the sample period we document a steady increase in the number and proportion of outside directors, and a decline in the number of inside directors and board size. These trends are broadly similar to those in the US and can be traced to pressure from various UK institutions and governance reforms. Recommendations for greater outside director representation have been driven by the view that such directors can play an important monitoring role, although the lack of relation between UK board structures and monitoring costs and benefits provides no support for this view. The key governance reforms over the period recommended, but did not mandate, that firms should have at least three outside directors (Cadbury), and one third of outside directors (Hampel). Both reforms increased board size, whilst

²⁴ As in Section 7.2, only data from 1988 onwards is included here to ensure that changing sample composition (due to increasing board composition coverage prior to this date) does not bias the results.

Cadbury also increased the number and proportion of non-executive directors. A significant number of firms either do not comply or comply irregularly, suggesting that firms value the flexibility offered by soft regulation. Compliance is not arbitrary, but instead driven by the same economic considerations that determine board structure in general. The negative relation between performance and outsider proportion is no longer evident following the reforms, possibly reflecting less opportunity for well performing CEOs to influence board structures.

In the context of the UK, soft regulation does not therefore appear to interfere with the efficient structuring of boards, and hence appears strongly preferred to a mandated approach. It is important to note though that the success of a comply-or-explain approach depends on investor sophistication. In its absence, the pressure to comply can be substantial, and force firms with idiosyncratic board structures into adopting suboptimal ones. Codes of best practice should, therefore, pay very careful and explicit attention to mitigating factors, many of which have been clearly documented by the recent research in this area.

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